

## Year-Round Holiday Calendar

*There are thousands of opportunities to celebrate and support causes, holidays, and recognition throughout the year. We encourage you to take time to research options most impactful for you, your clients, and your community. Here is a list to help get you started:*

### JANUARY

National Blood Donor Month

National Personal Trainer Awareness Day: January 2

National Trivia Day: January 4

National Technology Day: January 6

National Cuddle Up Day: January 6

National Argyle Day: January 8

National Law Enforcement Appreciation Day: January 9

Human Trafficking Awareness Day: January 11

Martin Luther King, Jr. Day of Service: January 18

National Thesaurus Day: January 18

Healthy Weight Week: January 19-25

National Daisy Day: January 28

### FEBRUARY

American Heart Month

Black History Month

National Get Up Day: February 1

World Nutella Day: February 5

National Wear Red Day: February 5

National Organ Donor Day: February 14

Singles Awareness Day: February 15

Random Acts of Kindness Day: February 17

Love your Pet Day: February 20

National Retro Day: February 27

### MARCH

National Professional Social Work Month

National Women's History Month  
Red Cross Month

World Compliment Day: March 1  
National Peanut Butter Lover's Day: March 1  
World Wildlife Day: March 3  
International Women's Day: March 8  
K9 Veterans Day: March 13  
Brain Awareness Week: March 15-21  
National Day of Action Against Bullying and Violence: March 21  
World Down Syndrome Day: March 21  
International Waffle Day: March 25  
National Doctors' Day: March 30  
National Crayon Day: March 31

## APRIL

National Humor Month  
National Youth Sports Safety Month  
Stress Awareness Month

National Burrito Day: April 1  
World Autism Awareness Day: April 2  
National Library Week: April 4-10  
National School Librarian Day: April 14  
National Dolphin Day: April 14  
RAINN Day: April 14  
Volunteer Recognition Day: April 20  
National Environmental Education Week: April 19-23  
Earth Day: April 22  
Adopt a Shelter Pet Day: April 30

## MAY

Asian and Pacific Islander Heritage Month  
Foster Care Month  
National Physical Fitness and Sports Month  
National Skin Cancer Awareness Month

National Space Day: May 7

Be Kind to Animals Week: May 2-8  
National Teacher Day: May 4  
National Nurses Week: May 6-12  
National Have A Coke Day: May 8  
World Lupus Day: May 10  
National Bike to Work Week: May 11-17  
Armed Forces Day: May 15  
HIV Vaccine Awareness Day: May 18  
National Senior Health and Fitness Day: May 25

## JUNE

National Great Outdoors Month  
National LGBTQ Pride Month  
National Safety Month

National Donut Day: June 4  
World Environment Day: June 5  
National Cancer Survivors Day: June 6  
National Men's Health Week: June 14-20  
National Making Life Beautiful Day: June 11  
World Blood Donor Day: June 14  
World Elder Abuse Awareness Day: June 15  
Juneteenth: June 19  
World Refugee Day: June 20  
National Hydration Day: June 23  
PTSD Awareness Day: June 27

## JULY

National Parks & Recreation Month

Clean Beaches Week: July 1-7  
World Kissing Day: July 6  
National Mac & Cheese Day: July 14  
National Lipstick Day: July 29  
International Tiger Day: July 29  
National Avocado Day: July 31

## AUGUST

Children's Eye Health and Safety Month  
National Breastfeeding Month  
National Water Quality Month

World Lung Cancer Day: August 1  
World Breastfeeding Week: August 1-7  
International Beer Day: August 6  
International Day of the World's Indigenous Peoples: August 9  
Lazy Day: August 10  
International Youth Day: August 12  
World Humanitarian Day: August 19  
World Honey Bee Day: August 21

## SEPTEMBER

Hunger Awareness Month  
Leukemia Awareness Month  
National Alcohol & Drug Addiction Recovery Month  
World Alzheimer's Month

International Day of Charity: September 5  
National Read A Book Day: September 6  
National Suicide Prevention Week: September 5-11  
National Gymnastics Day: September 18  
National Pepperoni Pizza Day: September 20  
National Women's Health and Fitness Day: September 29

## OCTOBER

Cyber Security Month  
Down Syndrome Awareness Month  
National Breast Cancer Awareness Month  
National Domestic Violence Awareness Month

World Smile Day: October 1  
National Fire Prevention Week: October 3-9  
World Teachers Day: October 5  
World Homeless Day: October 10

National Coming Out Day: October 11  
National Pregnancy and Infant Loss Awareness Day: October 15  
International Day for the Eradication of Poverty: October 17  
Get to Know Your Customers Day: October 20  
Make a Difference Day: October 23

## NOVEMBER

American Diabetes Month  
National Family Caregivers Month  
National Native American Heritage Month

National Nachos Day: November 6  
World Kindness Day: November 13  
Pickle Day: November 14  
America Recycles Day: November 15  
American Education Week: November 14-20  
National Adoption Day: November 20  
Flossing Day: November 25  
Computer Security Day: November 30

## DECEMBER

National AIDS Awareness Month  
National Drunk and Drugged Driving (3D) Prevention Month  
National Human Rights Month

#GivingTuesday: December 1  
International Day of People with Disabilities: December 3  
National Dice Day: December 4  
International Human Rights Day: December 10  
National Ugly Christmas Sweater Day: December 18  
National Bacon Day: December 30